



ARC-GM Internship to Pre-doctoral Fellowship

Laura McGarrigle



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Clinical Specialist
Physiotherapist



“Working alongside the research team has provided invaluable experience that I will use when completing my own systematic review.”

[Read more about Laura's intern experience ...](#)



Organisation: Manchester University NHS Foundation Trust

Why were you interested in research and this ARC Internship?

I completed my MSc in 2016 and after several years in a specialist post had completed many service evaluation projects and implemented evidence-based interventions into our practice but I felt I needed more support and knowledge to take the step into developing my own research projects. The clinical field I work in is developing all the time and there are still many unanswered questions. I needed some guidance with how to develop my research skills so I could have an impact on the efficacy of our patient care.

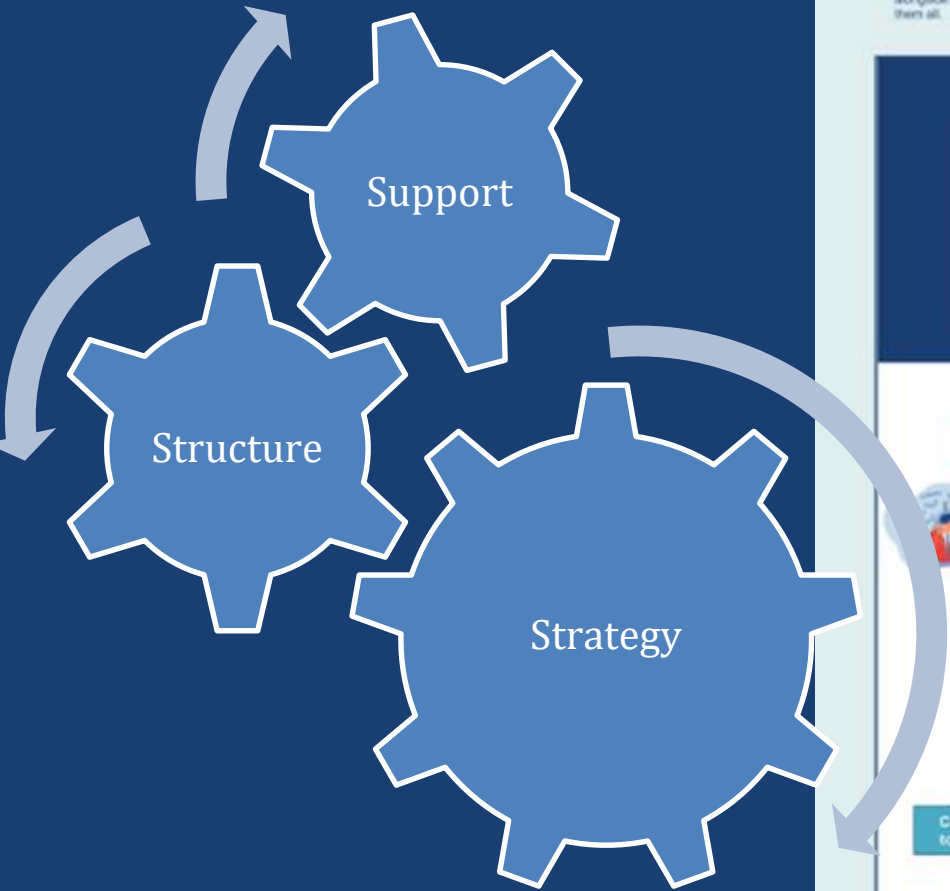
I was keen to learn more about what a clinical academic role could include and see first-hand the benefits that having research active AHPs could have within our clinical team.

ARC-GM Research Internship Programme

Our Internship Programme is an introduction to research for registered health and care professionals (excluding doctors and dentists) in Greater Manchester.



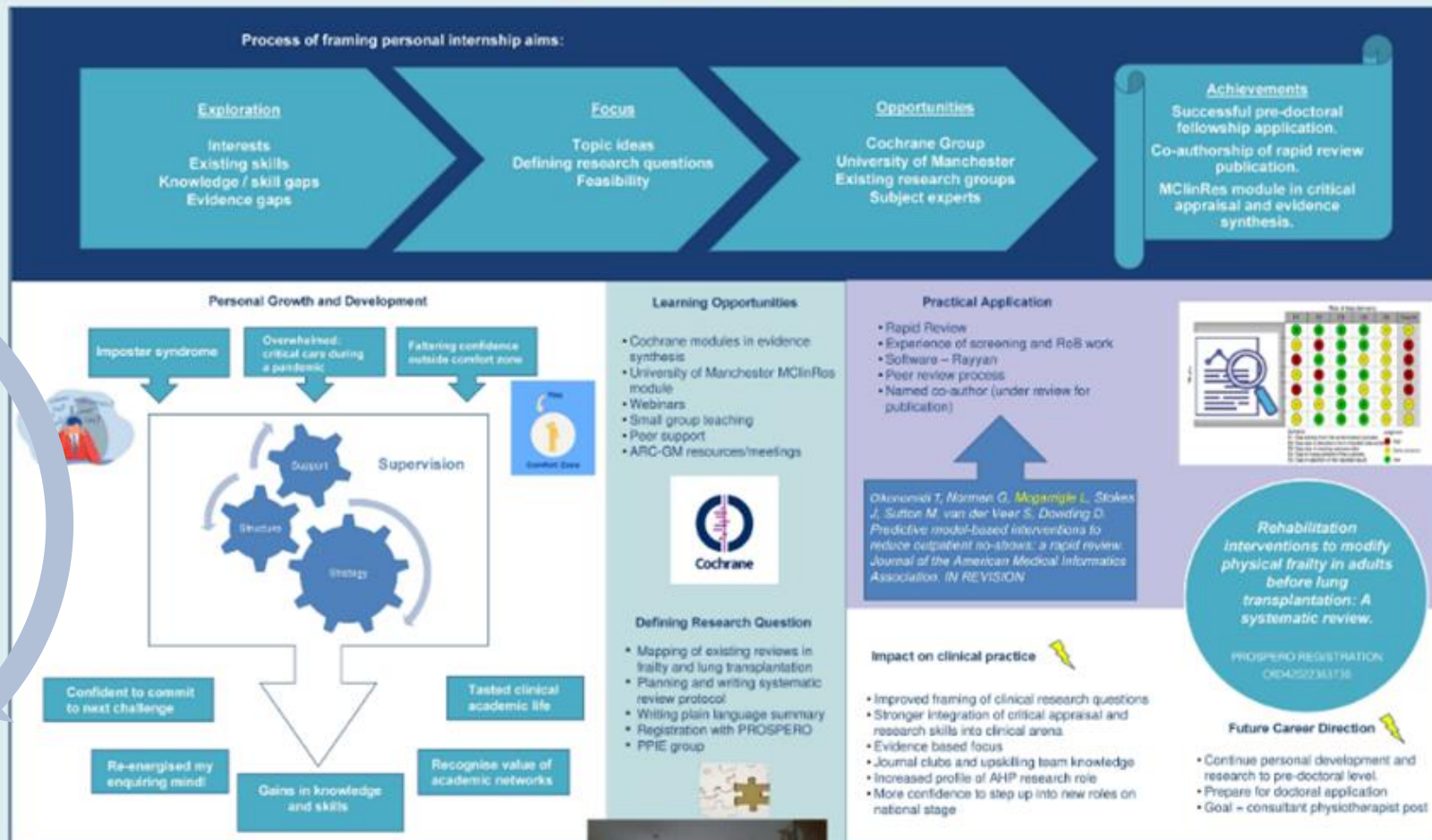
- MClinRes module – Critical appraisal and evidence synthesis
- Cochrane training modules in systematic review methodology
- Systematic review protocol – registered online (PROSPERO)
- Co-author of rapid review paper
- Plain language summary
- Patient, Public and Community involvement training / contact
- Application for pre-doc fellowship (4 months!!).



My ARC-GM Research Internship Experience, Outcomes and Reflections.

The incredible learning journey I have been on would not have been possible without unwavering support from my primary supervisor, Dr Gill Norman, alongside Dr Chuzhi Shi and Dr Catherine Perry. My heartfelt thanks go to them all.

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Pre-doctoral Fellowships

Our Pre-doctoral Fellowship Programme provides research training awards for registered health and care professionals



Commence fellowship

September 1, 2022

ACPRC PPIE group

October 30, 2022

Time to Move Conference

February 8, 2024



2024



Benefits of ARC-GM?

Links and access to learning support from The University of Manchester

Manchester University NHS Foundation Trust - funding

Network of experts = learning opportunities

Support individual progression within ARC-GM

Peer support throughout internship and predoc period (all GM based)



Thank you to

All at ARC-GM
MFT Charities
MFT

Dr Gill Norman
Professor Chris Todd
Professor Helen Hurst

Dr Chunhu Shi
Dr Catherine Perry

