

# JOIN HEALTH RESEARCH.



## SPIT IN A TUBE. CHANGE LIVES.



SCAN HERE TO LEARN HOW YOU  
CAN MAKE A DIFFERENCE.

NIHR | BioResource

**NHS**

# YOUNG PEOPLE OF GREATER MANCHESTER!

You can help pioneer new treatments for millions of people by helping us unlock the power hiding in your DNA.

Together with the NHS, the National Institute for Health and Care Research (NIHR) BioResource has launched **D-CYPHR**, a nationwide movement for ages 0 - 15 to help health research - everything from better understanding mental health to combating diabetes, heart disease, rare diseases, immune conditions (and many more).

And all you need to do is spit in a tube.

FOR MORE INFORMATION ON HOW TO JOIN, VISIT US AT:  
**[BIORESOURCE.NIHR.AC.UK/DCYPHR/](https://bioresource.nihr.ac.uk/dcyphr/)**