

Sarah Lowe - Community Physiotherapist

Evaluating an Integrated Community Rehabilitation Team: Is the Goal Attainment Scale (GAS) the right tool for the job?

Collaboration for Leadership in Applied Health
Research and Care (CLAHRC) Greater
Manchester

Project aims and objectives



*National Institute for
Health Research*

- **Conduct a literature review and write an introduction for a research proposal**
- **Learn more about research methods appropriate for the proposed study**
- **Make links with the leads in research for therapy and integration**
- **(Ideally) have a basic proposal for future study planned**

Project plan

DONE:

- Background learning and refreshing skills in effective literature searching and critical appraisal
- Literature review
- Bones of background and introduction complete
- Meeting set with leads from integration from CLAHRC

TO DO:

- Send work to date out for feedback (from interns and CLAHRC Leads)
- Begin to consider options for methodology
- Contact the research department at UHSM
- Visit other departments using the outcome measure

Resources

- Hub - Group “chat”, sharing of documents and uploading articles for reaching in any location.
- Manchester Library - online tutorials for refresher lessons in literature review, critical appraisal and research methods. Literature searching
- Blackboard - accessing the masters modules to look through
- CLAHRC Professors - For feedback on ideas and for future planning
- CLAHRC intern staff and interns - For ongoing signposting and support!

Obstacles/challenges faced

- Time - fitting in days around working part time and still being flexible to the needs of the service
- IT - significant problems accessing pages at work
- Concentration! - Initially struggled with the change in demands.

Key achievements:

- Quickly settled back into literature review and critical appraisal. Found online resources helpful here.
- Great support from some other interns and from the internship leadership team.
- Interest from lead professors at CLAHRC
- Engagement from workplace managers
- Enjoying the change in work, and finding the project stimulating, thought provoking and motivating

Key achievements:

- Identified as a 'lead' for research within the department.
- Internship could open the door to further opportunities in world of research.