

Psychologically Informed Management of Low Back pain: An Evaluation of Physiotherapists' Attitudes and Beliefs

Doré Young

Collaboration for Leadership in Applied Health
Research and Care (CLAHRC) Greater Manchester

Project aims and objectives

BACKGROUND

- Prevalence of low back pain
- Biomedical → biopsychosocial
- Patient demographics
- Keele STaRT back tool
- Current service provision
- NICE guidance



Project aims and objectives



National Institute for
Health Research

- Psychologically informed physiotherapy (PIP)
- Evaluate attitudes and beliefs surrounding PIP
- Identify potential barriers to delivering PIP
- Identify learning needs
- Pain attitudes and beliefs scale for physiotherapists
- Outcomes & cost effectiveness
- Current trust priorities

Progress to date

- Literature search
- Critical appraisal
- CMFT research article
- Conference
- Meetings
- Network building
- Survey design
- Dissemination

Progress - Plan

Evaluate



Discuss



Share



Reflect and implement



Develop

Resources

- CLAHRC mentor
- Blackboard
- Library resources
- CMFT mentor
- Research Fellow
- R and D NW Podcast
- R and D NW courses

Obstacles/challenges faced

- Survey design
- CMFT Research department
- Distribution
- PABS
- Evaluating results



Next steps & support

What future support might you need from CLAHRC/others?

- Sharing research
- Service development
- Addressing training needs
- Audit service against NICE guidance
- Clinical effectiveness meetings
- Research networks
- Further research and learning opportunities