

Jo Stevens
**Learning about how healthcare
professionals deal with sex after stroke**

Collaboration for Leadership in Applied Health
Research and Care (CLAHRC) Greater
Manchester

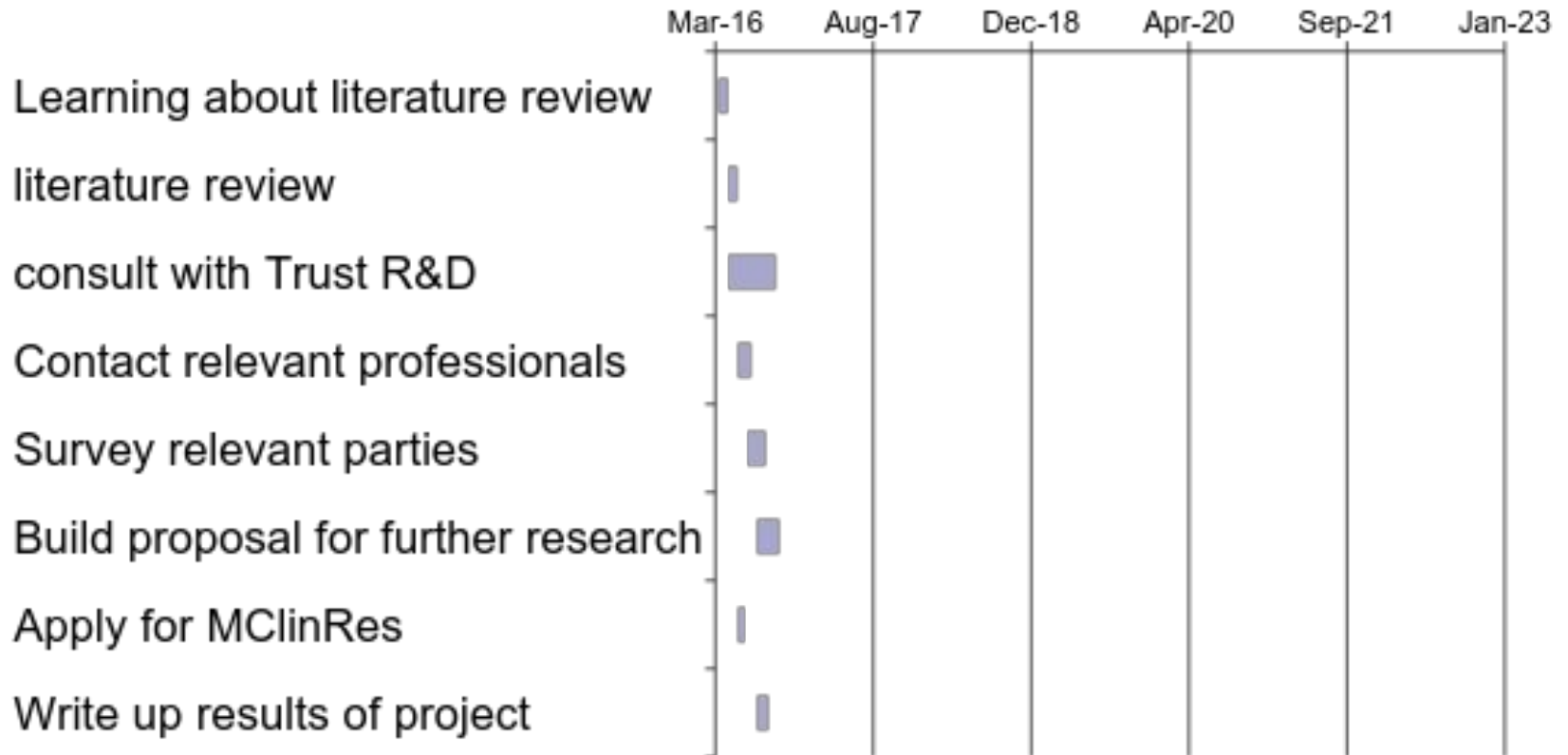
Project aims and objectives



*National Institute for
Health Research*

- To refresh my skills in literature review and critical analysis of academic papers
- To review literature and guidelines related to sex after stroke
- To survey stroke survivors and healthcare professionals regarding their experience of advice on sex after stroke.
- To observe sexual dysfunction clinics
- To work towards a proposal for ongoing research

Project plan



Project plan

Already done

- Had 1:1 tutorial on literature searching from Trust librarian
- Conducted literature review
- Preliminary meetings with R&D at Pennine Care
- Initial meetings with stroke academic research group members and stroke support groups
- Arranged to attend erectile dysfunction clinic and meet with relationships mental health counsellor
- Applied for MClinRes

Project plan

Still to do

- Devise survey for HCPs and stroke survivors
- Analyse survey results to inform further projects
- Write up results

(looks small but the biggest bit!!)

Resources

- Blackboard Masters modules
- HUB documents
- Own Trust knowledge service
- Manchester University library resources
- CLAHRC professionals

Obstacles/challenges faced

- Time! Juggling clinical work and this has been very difficult
- Focus – each part of the process has uncovered more areas to look at!
- Support – clinical team are under pressure so it is hard for them to support me taking time away for this
- Discovering research which is similar to my topic and understanding how this impacts and helps my project

Key achievements:

- Trust interest in outcome of project and securing support for ongoing study
- Clear direction provided by literature search
- Enthusiasm and support from the stroke research community in Manchester
- Having got this far and still being on course!