



Collaboration for Leadership in Applied Health Research and Care (CLAHRC) Greater Manchester

The CLAHRC GM and Stroke Association Collaboration



Collaboration for Leadership in Applied Health Research and Care (CLAHRC) Greater Manchester



National CLAHRC Collaboration Event Katy Rothwell (Programme Manager, CLAHRC GM) Louise Mesa (Evaluation Manager, Stroke Association)

Overview

Establishing the collaboration Stro



Principles underpinning the collaboration

NHS

National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care (CLAHRC) Greater Manchester

Delivering impact & developing the collaboration

The CLAHRC Greater Manchester is part of the National Institute for Health Research and is a partnership between providers and commissioners from the NHS, industry, the third sector and the University of Manchester W: clahrc-gm.nihr.ac.uk E: clahrc@srft.nhs.uk T: @CLAHRC_GM

Establishing the collaboration

- CLAHRC GM and the SA started working collaboratively within the first round of NIHR CLAHRC funding.
- Project already established in relation to implementation of long-term, post-stroke reviews (a requirement of the National Stroke Strategy).
- Engagement with the National Directors and Clinical Leads of the Cardiac and Stroke networks generated a personal introduction to the SA Directors
- SA very keen to be involved- meeting within 1 week, national pilot evaluation established within 4 weeks.
- Appetite for innovation, development and engagement.



Establishing the collaboration

• The collaboration was formalised when the SA became a formal, funding partner of CLAHRC GM as part of the second round of NIHR CLAHRC funding.

The collaboration aims to support the development and use of evidence within the Stroke Association's activities and the services they provide, so that such activities/services are developed and delivered in such a way that uses evidence to improve meaningful outcomes and quality of life for stroke survivors, their carers and families.



The CLAHRC Greater Manchester is part of the National Institute for Health Research and is a partnership between providers and commissioners from the NHS, industry, the third sector and the University of Manchester W: clahrc-gm.nihr.ac.uk E: clahrc@srft.nhs.uk T: @CLAHRC_GM

Principles underpinning the collaboration

- The question most frequently asked of any CLAHRC staff?
- The question asked by the Stroke Association:

What can CLAHRC do for us/me? How can we work together to achieve even more?

The CLAHRC Greater Manchester is part of the National Institute for Health Research and is a partnership between providers and commissioners from the NHS, industry, the third sector and the University of Manchester W: clahrc-gm.nihr.ac.uk E: clahrc@srft.nhs.uk T: @CLAHRC_GM

Principles underpinning the collaboration

• Several key principles have been established over time which underpin the work of our collaboration:

No single lead Both CLAHRC and the Stroke Association understand and acknowledge the contribution they need to make in order to 'make things work'. Flexible & responsive Takes into account the needs of working of both organisations and existing ways of working.

Deliver shared goals and maximum impact Centred on making a difference on the lives of stroke survivors, carers and their families.

Delivering impact & developing the collaboration

- All projects are jointly agreed, taking into account:
 - Identified SA priorities
 - Areas of CLAHRC GM expertise
- Further opportunities for collaborative working identified and discussed by both parties as they arise.

Current projects within the CLAHRC GM-SA Stroke Programme:

- Supporting stroke survivors in care homes
- PLANS for stroke (self-management and networked support)
- Stroke Recovery Service and Outcomes Model



Delivering impact & developing the collaboration



- SA Director of Operations for the North represents third sector organisations on the CLAHRC GM Board (meets face-to-face quarterly)
- Small group of CLAHRC GM (e.g. theme lead, programme manager) and SA staff.
- SA staff are represent both the Research & Information Directorate and Operational Management.
- Staff also represent the organisation at both a national and regional level (North-West England), some with wellestablished relationships with the CLAHRC.
- Meet quarterly via teleconference, with additional email/phone/face-to-face meetings are required.
- Engage in individual projects

Delivering impact & developing the collaboration

- Both CLAHRC GM and the SA ultimately strive to improve care for stroke survivors, their carers and families, improving outcomes, experience and quality of life.
- The collaboration enables such benefits/impact to be realised on a national scale. E.g. GM-SAT and six month post-stroke reviews.
- The CLAHRC GM-SA stroke programme has also:
 - Supported the SA in developing and better evidencing the benefits of the services they provide.
 - Provided the SA with access to additional support, advice and expertise.
 - Enables CLAHRC GM to work in true partnership with an organisation committed to development and innovation.
 - Offered insight into the role of evidence in the context of the services provided by third sector organisations



For more information

We'd be delighted to shared further information about our collaboration.

For more information please contact Katy Rothwell (Programme Manager, CLAHRC GM): <u>katy.rothwell@nhs.net</u>



Collaboration for Leadership in Applied Health Research and Care (CLAHRC) Greater Manchester

