

# My Pre-Doctoral Bridging Fellowship Experience 2020/21

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## What's Next?

- Presentation to the Florence Nightingale Foundation later this month
- Set up PPI group
- Submit paper for publication
- Development of scoping protocol for publication
- Apply for NIHR Clinical Academic PhD in Spring 2022

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### Summary

#### Managing pressure and leg ulcer related pain in the community

- Wound management is mostly performed by nurses with the majority of chronic wound care occurring in the community<sup>(1)</sup>
- Pressure and leg ulcers are the most common wounds found in the community<sup>(2)</sup>
- Pressure and leg ulcers are painful and negatively impact the lives of people that have them<sup>(3,4)</sup>

#### Research questions;

1. How should pressure and leg ulcer-related pain be managed?
2. How is pressure and leg ulcer-related pain managed in practice?
3. Can barriers or facilitators to pressure and leg ulcer-related pain management be identified?

### Summary

- PPI needed to inform PhD project
- Application for NIHR grant to help with group set up

#### Writing for grants

Awareness of equality and diversity in research

#### Skills learnt

How to be inclusive in research

### Outcome

Awarded funding for PPI group

### Qualitative research and design module

### Summary

- Masters module in qualitative research and design
- Developed qualitative research abilities to inform PhD application

Critical writing

#### Skills learnt

Qualitative research methodology

How to conduct a qualitative research study

### Outcome

Passed module with distinction

### Paper for publication

### Summary

#### Exploring how nurses identify and manage the presence of moisture when categorising pressure ulcers

- Research started in CLAHRC internship, developed in Florence Nightingale Foundation scholarship, reanalysed and written up for publication
- Main findings;
  - Distinguishing pressure ulcers from MASD is challenging
  - Nurses managed combined pressure ulcers with a range of methods

#### Skills learnt

Qualitative research skills- framework analysis

Writing for publication

### Outcomes

Paper ready for publication

Paper presented to strategic leads

### References

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- 2 Hall, J., Buckley, H., Lamb, K., Stubbs, N., Saramago, P., Dumville, J. and Cullum, N. (2014) Point prevalence of complex wounds in a defined United Kingdom population **Wound Repair and Regeneration** 22 (6): 694-700
- 3 McGinnis, E., Briggs, M., Collinson, M., Wilson, L., Dealey, C., Brown, J., Coleman, S., Stubbs, N., Stevenson, R., Nelson, A. and Nixon, J. (2014) Pressure ulcer related pain in community populations: a prevalence survey **BMC Nursing** 13 (16)
- 4 Briggs, M and Flemming, K. (2007) Living with leg ulceration: a synthesis of qualitative research **Journal of Advanced Nursing** 59 (4): 319-28

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