

# BEING HEARD CHANGES EVERYTHING



INVITATION

LET'S APPLY!

WE MIGHT BE ABLE TO HELP OTHERS

I'M IN!

ME TOO!

EARLY INCLUSION and BELONGING

WHEN YOUNG PEOPLE SHAPE RESEARCH and SUPPORT

ENGAGEMENT and POSITIVE OUTCOMES

SUPPORT THAT WORKS

I'M MORE CONFIDENT

I FEEL MORE ENGAGED

I CAN COPE BETTER

THE SERVICE FEELS MADE FOR ME!

FLOURISHING FUTURE-

EDUCATION and LIFE OPPORTUNITIES

LIFELONG IMPACT

BETTER MENTAL HEALTH

CONFIDENCE and IDENTITY

TRUST in SERVICES

HOPE in the future

PART of SOMETHING BIGGER

RESEARCH

PEER SUPPORT

SERVICE IMPROVEMENT

ADVOCACY

I'M CONTRIBUTING TO...

ONGOING PARTICIPATION

CO-PRODUCTION

OUR IDEAS ARE BEING HEARD..

OUR EXPERIENCE IS BEING UNDERSTOOD AS EXPERTISE!

PARTNERSHIP and EMPOWERMENT

RESEARCH INFORMS SERVICES

THINGS ARE STARTING TO CHANGE

- SERVICE DESIGN
- PATHWAYS to CARE
- STAFF TRAINING
- POLICIES
- EARLY SUPPORT APPROACHES

EVIDENCE LEADING to CHANGE

SERVICES FIT FOR THE YOUNG PERSON

REFERRAL PATHWAYS CLEAR

FAMILIES INCLUDED

COMMS ADAPTED

YOUNG PEOPLE LISTENED TO

INCLUSIVE CAMHS EXPERIENCE

EARLY HELP WHILST WAITING

NEEDS RECOGNISED QUICKLY

ACCESSING SUPPORT

FEELING SAFE and HEARD

I'M FEELING MUCH MORE CONFIDENT

and CONNECTED to OTHER YOUNG PEOPLE

FLEXIBLE and ACCESSIBLE

CULTURALLY SENSITIVE

RESEARCH ENVIRONMENT

NON-JUDGEMENTAL

NEURODIVERSITY AFFIRMING

INCLUSIVE RESEARCH EXPERIENCE

WHEN YOUNG PEOPLE HELP SHAPE RESEARCH and SERVICES, SUPPORT WORKS BETTER and FUTURES BECOME BRIGHTER



"This research is funded by the National Institute for Health and Care Research Applied Research Collaboration Greater Manchester (ARC-GM; NIHR200174). The views expressed are those of the authors and contributors, and not necessarily those of the NIHR or the Department of Health and Social Care."