

Do you have heart problems?

HeartHelp is a long established self-help group providing exercise facilities graded to your needs, as well as a full social calendar.

We understand your physical and emotional needs and provide professional answers.


We are a non-profit voluntary group so join us and help yourself to get better whilst enjoying good company.



**HeartHelp
Support Group**

The Therapy Centre
Withington Methodist Church
439 Wilmslow Road
Withington
Manchester M20 4AN

Tel: 0161 434 2149



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